I have worked as a nurse for 38 years in various fields and have dealt with many people at the end of their lives. Many have asked me to end their lives for them to alleviate their pain, discomfort, indignity and trauma to their families. This I have never done but it is unbearably distressing to be asked this and to be unable to give a person this one last wish. How is that people are unable to determine when they die if they are at a stage when there is no hope for a comfortable quality of life?

It is a subject that must be addressed. People must have the right to decide for themselves when they no longer wish to live if they are in a position of no hope for a decent quality of life. I want this for my future and the future for my loved ones if this is their desire.