Challenges in current practices

• Opportunities for respite care:

• Flexible support Packages

• Enhanced CPC provision and multi-disciplinary capacity

• Ambulatory Care
Respite Care

- Overnight Inpatient
- Day Stay Inpatient
- Day Respite
- Overnight at Home
- Day Respite at Home
- By the Hour Respite at Home

Respite Care

...every family carer needs to take regular short breaks from their daily routine to recharge their batteries
Flexible support packages

Available Carers - All Services

- More than one carer: 23%
- One carer: 55%
- No carer: 22%

OUR VALUES / RESPECT / COMPASSION / COMMITMENT / ACCOUNTABILITY / INNOVATION
Flexible support packages – carer needs

- understanding your relatives illness
- managing your relatives symptoms, including giving medicines
- providing personal care (e.g., dressing, washing, toileting)
- dealing with your feelings and worries
- knowing who to contact if you are concerned about your relative (for a range of needs including at night)
- looking after your own health (physical problems)
- equipment to help care for your relative
- your beliefs or spiritual concerns
- talking with your relative about his or her illness
- practical help in the home
- knowing what to expect in the future when caring for your relative
- getting a break from caring overnight

Carer Needs - Total Scores

0 5 10 15 20 25 30
Enhanced CPC and Specialist Multi Disciplinary Team provision

• Extended hours operating hours for CPC to achieve adherence to patients wishes by:
  – Proactive management of deteriorating patient
  – Urgent referrals
  – ‘late’ discharges from inpatient settings

• Enhancement of nursing team with appropriate allied health professionals to provide opportunity for reduced hospital admissions and to enhance holistic care at home
• Late referrals for complex care with limited knowledge by patients/families of palliative care services available.

• Often only time-limited service required.

• Need to embed into specialty clinics.

• Reporting and financial model would need to be considered.
Conclusion

• Enhancement of ambulatory care clinics
• Proposal for extended CPC hours
• Innovations in Supportive Care including:
  – Dignity Therapy
  – Utilisation of volunteers to provide best practice bereavement support
  – Development of a web based practice tool kit for carers