

Microsoft Forms

1. Name *

Sahar Ageed

2. Email *

[REDACTED]

3. Postal address *

[REDACTED]

4. Phone number

[REDACTED]

5. Are you a carer/family member helping an older Victorian fill in this survey?

Carer/family member

6. Are you an older Victorian from a culturally diverse background? If yes, what is your age and cultural background?

Yes, age 72 Chaldean Catholic

7. What are some of the everyday challenges for you and your parents/grandparents?

- I care for my mum who 72 years old she had access to physiotherapy and hydrotherapy and when the pandemic hit all her appointments got cancelled and due to ongoing demand for physiotherapy at the Northern health Broadmeadows she was discharged as she made minor progress and later deteriorated a lot because she had no access to an ongoing physiotherapy and only have 5 sessions on Medicare rebates. Coupled with the stay at home orders. Long wait to access my age care for an assessment and unable to get extra help(home care package).

8. What makes you feel safe in your community?

9. Do you have access to adequate healthcare?

I would prefer to have ongoing support for senior social activities and physical activities. At the moment only those who got access to packages can access those types of programs.

10. Do you know where to find support?

Yes, but it's the wait list in the Northern suburb and the need to expand the Northern Health hospital, rehabilitation centre, and open up new centres for the new area beyond Craigieburn in Hume city council. It's ever growing Council with amazing leadership by the young Mayor but need federal funding.

11. How can services be improved?

Work out what's the delay in getting people seeing quickly by health professionals. Such as Orthopaedics, physiotherapy programs which help ageing people to maintain their health and well-being.

12. Do you have access to, and know how to use a computer? What would help you do this?

Yes, my daughter helps me use the tablet for Telehealth appointments. No laptop or computer.

13. What do you do to keep socially, physically and mentally active?

During the pandemic only short stroll in the near by park.

14. What more could be done to help you live happily?

Access to some information about how to get help through council. My daughter applied for my aged care and we got the assessment but I wasn't given any package to help me live independently. I have mobility problems and needed some support.

15. Is there anything else you would like to add? *

Privatisation of age care home package is leaving carer struggling to cope with the needs of the family member needing the care. Feeling frustrated as it's demanding and needing extra helping hand.

