

This is a copy of letter I gave my female GP I've been her patient for about 2 years now 2018 - 2020 she's aware of all my current and past medical history. Including that I'm a victim of a forced adoption.

Wanted to share it with you as unfortunately this is still what many of us are up against many years later.

It can be considered my submission .

Note I have documentation proof that I have PTSD, Fibromyalgia, Sleep Apnea and other medical conditions . The below letter is self explanatory but I have omitted 2 paragraphs from the original to my Doctor which I didn't think was relevant. Letter begins with On the Referral. Not too I've added a footnote just for my submission.

On the referral for ECG and exercise ECHO you gave me on 7 Sept 2020 I was disheartened when I got home to read

Note under Current Problems listed first one mentioned is Anxiety / Depression. I don't agree with this diagnosis but it's what a number of doctors have labeled me as being over many years starting from 1973 (when in actuality fact I believe I have and had all along PTSD) This misdiagnosis resulted in me being put on antidepressants off and on for many years.

I finally refused any more antidepressants in 2011 and a couple of years after that finally received TRAUMA counselling for the first time with good results . Also feel much better being off antidepressants.

I'm Appalled so many doctors simply didn't bother to ask me if I had Ever suffered some kind of trauma ? But they all were quick to continue to reaffirm I was mentally ill .

Note not including you in this statement.

I'd like to explain.

The first time I was ever diagnosed as suffering any mental condition was at my postpartum 6 week check up after my baby was taken without my consent in 1973.

I was given a prescription for Valium at that appointment and diagnosed as suffering with anxiety and depression .

I was on

Valium for far too long (well over a year or more) then another doctor when I came off the Valium wrote me a script for antidepressants and this writing of scripts for antidepressants continued on and off for years from one doctor to another the starting point being 1973.

In 1973 When I was discharged and sent home from the Unwed Mothers home (run by nuns) they gave me a envelope of Valium.

Given other drugs also including barbiturates and stilboestrol during my stay in the home.

Note: Me and others Mothers like me were sent straight back to the Unwed Mothers home (like a jail) immediately after giving birth so we were away from the hospital, our babies , and the Married Mothers.

I feel confident in stating That I don't believe any Married Mothers on taking their babies home would have routinely been drugged up on barbiturates, stilboestrol, Valium ect.

My experience isn't just an isolated case thousands of unsupported Unwed Mothers in the past both in private and public hospitals were given these drugs ordered by doctors. Not only were we drugged up but our babies were often taken without our consent and literally stolen at birth.

THE FACTS

1. In 1973 I was in a state of shock I Believe NOW having (PTSD) with indescribable grief at the loss of my baby but wasn't in a fit state to have any perception of these facts at the time plus Was so shut down with prescription drugs.
2. My baby was born on my 17th birthday in 1973 and abducted at birth.

I conceived due to being raped but at the time due to me not having any credible sex education I didn't recognise this fact until many years later (although I absolutely knew I'd been taken advantage of).

The biggest RAPE of all and most traumatic experience in my life was and is The Abduction of my most loved and wanted baby at birth on 11/9/1973.

I was subsequently sexually assaulted two more times by two men known to me.
In 1975 and 1976.

Getting back to my past and current medical history.

No where is it mentioned in my referral for ECG ? That I have been diagnosed with Fibromyalgia in 2002 nor any mention of diagnosis of PTSD which finally was accepted and diagnosed for the first time by doctor in approx 2011.

Although it was stated to me verbally by a counsellor that I suffer with PTSD much earlier than this.

. In 2011 doctor stated to me we don't need to mention you have PTSD on your patient records ? Was shocked by this but at the time said nothing. Didn't go back to that particular doctor.

Omitting these important past , current and ongoing health problems I find disappointing and I would like you to document them if they haven't been already .

Thanking you for your time and listening to my concerns.

Your Truly

J Hendriksen. 8/9/2020.

Footnote my recommendations .

1. That former girls and women who were incarcerated receive a one off payment of \$100,000 either from the government or the religious institutions involved or part redress payment from both the government and religious institution.
2. That All women and girls who had their babies taken (while drugged up mistreated, lied too. and told your only option is adoption) to receive \$50,000 from the Federal Government.

3. All be given either a gold yellow or purple card similarly too the current Veterans Affairs Card.