

## Air pollution Inquiry

Julia Karas

### YOUR SUBMISSION

#### **Submission:**

I am very concerned about the mental and physical affects of burning in East Gippsland.

The amount of smoke from the recent catastrophic bush fires was extremely detrimental to lung health with green wood toxins causing sore throats, migraines and difficulty breathing for asthmatics.

Continued ( so called ) controlled burns stimulates the body's responses in a negative way and exacerbates these conditions.

The burns are very detrimental to mental health triggering trauma responses such as PTSD for anyone close to the bushfires of 2020.

The continued burns are devastating to the well-being of people who have directly experience the enormous loss of forest that is need desperately to balance climate change. This should be on everyone's agenda. But many people do nor know to what extent we have lost he forest of Gippsland and NSW.

The negative impact on mental health to those who are concerned with animal extinction and torture through bunting to death.

Controlled burns must be reduced and policies made o introduce intelligent and time proven cool burns as practiced by indegenous Australians.

#### **Signature:**

Julia Karas