

# TACKLE THE GAMBLING STIGMA IN VIETNAMESE COMMUNITY

PAEC Inquiry into the Regulation of Gambling and Liquor and  
Reducing the Harm caused by Gambling

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## 5 MAIN TYPES OF GAMBLING HARM

(Browne et al 2016)

- Financial harms
- Health aspects
- Relationship breakdown
- Work and study harm

## PATHWAYS BETWEEN GAMBLING HARM AND THE JUSTICE SYSTEM

(Campbell et al 2017)

- To repay the accumulated financial debt
- Vietnamese women prisoners has increased by 481% since 2000

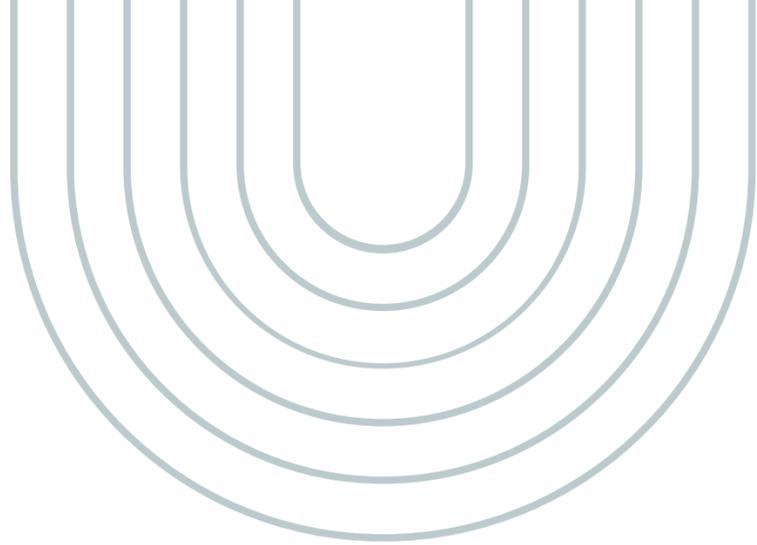


## REASON OF GAMBLING HARM IN VICTORIAN VIETNAMESE

- High level of shame
- Not seeking external help
- 'Loss of face'
- Problem reflects on the family as a whole
- Little experience or knowledge of counselling process

# SHARED TRAINING, GUIDANCE AND RESOURCES FROM VRGF

- VRGF's meetings
- Clinical practices
- Resources within Vietnamese community in Victoria



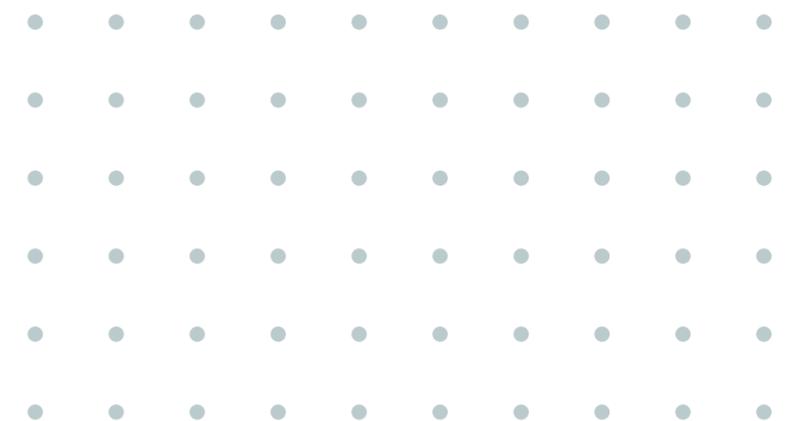
# PEER SUPPORT

## ACTIVATOR OF CHANGES (AOC)

- All women participants
- empowered to contact support services
- referred to various services

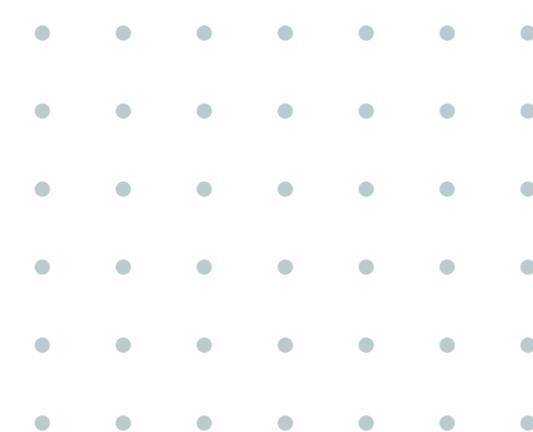
## GAMBLER ANONYMOUS - AVWA

Online social support group, co-facilitated by the Footscray Narcotics Anonymous facilitator and AVWA's Gambling Counsellor



# Culturally appropriate outcome measures and evaluation models

- conducted in Vietnamese and translated by Lirata's Vietnamese-speaking Associate.
- AVWA provided culturally appropriate based on participants' needs and building trust among the community





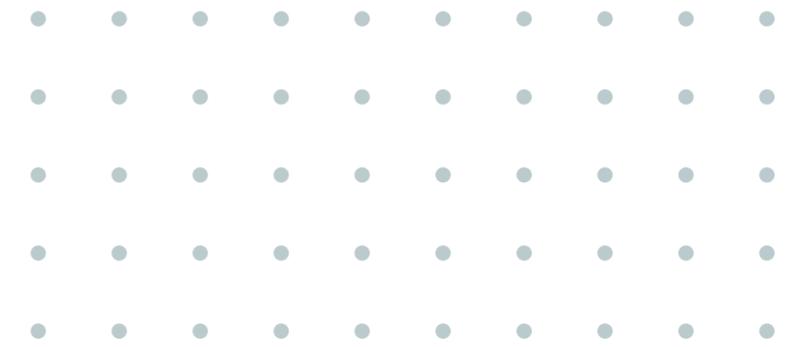
## Gambling Counselling

- culturally sensitive and linguistically appropriate counselling
- mostly reaches out to gamblers with severe gambling harms and correctional relating issues

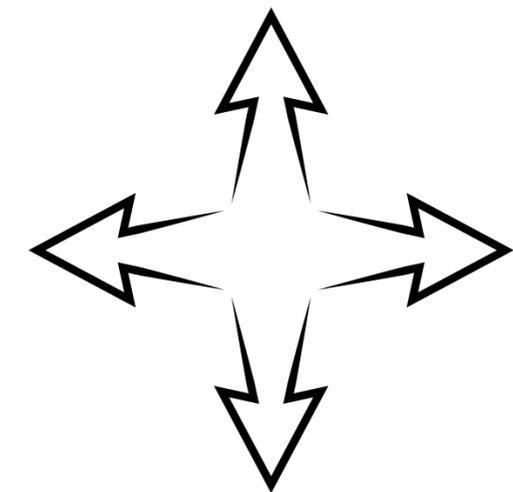


## Gambling Prevention

- helps community and groups to understand the barriers to participation for Vietnamese women
- effectively refer participants to relevant services for support



# OUR SUGGESTION



# IMPACT OF THE CHANGES TO THE VIETNAMESE COMMUNITY SINCE 20 21

Knowledge of  
Australian laws &  
systems

Understanding of  
their rights

Social  
connections

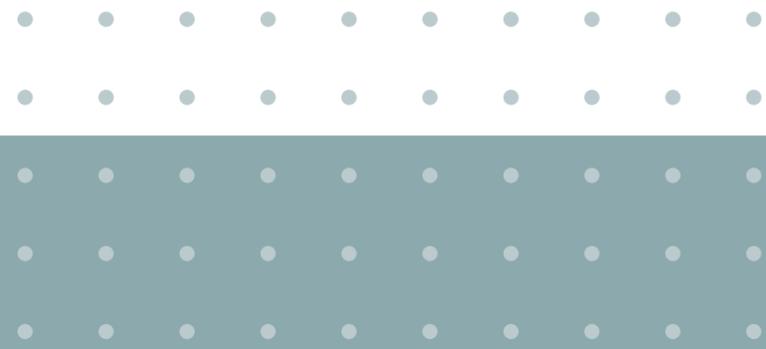
Knowledge about  
gambling help  
available

Knowledge about  
the risks of  
gambling

Knowledge about  
employment or  
education

Confidence to  
contact support  
services

Understanding of  
money &  
finances



# THANK YOU FOR YOUR ATTENTION

Q&A?

