



Submission To Ms Hillier Topic

For Enquiry into end of life choices
FROM JEAN VALERIE LISSENDEN

My personal opinion is end of life choices should be available to all people in a lawful way.

Any person who wishes to end their life in the manner & place of their choosing should be encouraged to tell their family, friends & carers "Living Will", Advance Directive and Power of Attorney signed by Doctor, Solicitor, or J.P. are important.

Unfortunately I have heard that these instructions have been ignored by well meaning Ambulance staff and Emergency wards.

I would like to see elderly, frail, sick and others who have also decided on their wish to die to wear a wrist band or necklace with
DONOT RESUSCITATE in plain sight.

Palliative care, unfortunately not enough, the pain & distress returning after a sleep family friends and carers also suffer. This bad situation may continue for days after the person receiving the care has already stated the wish to die and also stated they are ready to go.

A change in the law is needed to meet the needs people. Making available a single dose medication to ease the fear & worry of dependency and in many instances would improve the quality of life therefore living longer.