Inquiry Name: Inquiry into End of Life Choices

MS Anne Phefley

## **SUBMISSION CONTENT:**

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It is essential that people have control at end of life.

As they may not be competent it must be ensured that wishes detailed earlier are followed. Not overridden by family or doctors or courts.

The option of voluntary death should be available to all. Loss of dignity and control are the main issues for many in making end of life choices. It is not just pain control or good care.

It should be legal to decide when you want your own life to end. Knowing you have control and options leads to a much better quality of life even if you are terminally ill.

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