

**From:** Inquiry into End of Life Choices POV eSubmission Form  
<cso@parliament.vic.gov.au>  
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**Subject:** New Submission to Inquiry into End of Life Choices

Inquiry Name: Inquiry into End of Life Choices

Ms Ann McLaren  
[REDACTED]

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## **SUBMISSION CONTENT:**

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Victorians should be given more choice in how to end suffering when medical options for treatment have been exhausted. More than 10 years ago, I spent a week sitting with my mother watching my father die, he shrank visibly each day as he became more dehydrated. He was given no food or water and the amount of sedation and morphine was slowly increased to reduce his agitation and shut down his vital organs. That was legal apparently, but seemed a cruel and unusual punishment to us, his family. Unfortunately, making an informed choice to end one's life or that of a loved one, is not.

Those who wish to end their own suffering should not be forced to commit suicide in a violent and uncontrolled way knowing a family member is likely to find them. If they wish to assist a loved one to do so or act in a compassionate way towards another person they should not have to do so in fear of the law. Other jurisdictions have been able to deal with this issue. It is time Victorian politicians had the maturity and will to deal with something that the majority of people are in favour of-dying with dignity.

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File1:

File2:

File3: