

From: [Inquiry into End of Life Choices POV eSubmission Form](#)
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Subject: New Submission to Inquiry into End of Life Choices
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Inquiry Name: Inquiry into End of Life Choices

Ms Barbara Parrott

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SUBMISSION CONTENT:

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I am 69 years of age and while I am of sound mind, good health and am able to consider choices for my life and the end of my life I have in place an Advance Directive and have given clear instruction to my family about my wishes.

I wish it to be understood that I fear degeneration, prolonged dependence, inability to communicate and indignity far more than I fear death.

If my life becomes intolerable to me, and after consultation with two physicians (one a specialist), I will seek help to terminate it in such a way that I am not isolated or excluded and can share my dying in a dignified way with those close to me.

In order for this to be my reality a clear legal ruling must be in place and there must be place within the legal framework for individual choice regarding all end of life issues.

It is long overdue.

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File1:

File2:

File3: