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To:	LSIC
Subject:	Submission: Inquiry into End of Life Choices
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I wish to give you my experience with death and hope that my submission may assist with your Inquiry into End of Life Choices.

With my mother's death in December 2012 at 94yrs 8mths, every attempt was made at the country nursing home to make her comfortable and peaceful, yet she virtually rotted away with grimacing facial expressions and jerky movements over many days. It was an undignified death for a lady who took so much care in her presentation at all times. Her only control in those dying days was to stop eating to try and hasten her death. Can you imagine what that must have been like for her, I know firsthand how us, her loved ones, looking on felt? Utter despair and emotional suffering watching her die like that. We treat our pets and animals better, what a cruel irony!

With my own many health issues it would be of immense psychological value to know I had the choice of not suffering like my mother. Evidence shows that people found new energies to go on living when they know they have the green light for an assisted voluntary death," – I too want that right. I don't want the continued thought of unbearable suffering being kept alive with medically futile treatment when all I want is a quick, dignified, medically assisted death.

From my point of view it is absolutely imperative for such a law to be introduced and I want that choice for myself. The time has come to put love and compassion for a fellow human being first, voluntary euthanasia is not a choice between life and death, but a choice between different ways of dying.

Elizabeth Conlan

