

**From:** [Inquiry into End of Life Choices POV eSubmission Form](#)  
**To:** [LSIC](#)  
**Subject:** New Submission to Inquiry into End of Life Choices  
**Date:** Thursday, 23 July 2015 3:23:40 PM

---

Inquiry Name: Inquiry into End of Life Choices

Ms Judith Daley  
[REDACTED]

[REDACTED]

### **SUBMISSION CONTENT:**

--

I am a 71 year old woman who lives alone as my partner died nearly 8 years ago. I was diagnosed with COPD (Chronic Obstructive Pulmonary Disease previously known as emphysema) with late onset asthma over 20 years ago. There is no cure for this condition and it will only degenerate as I age. My respiratory specialist and I work very hard to manage this condition so the impacts on my life are minimal.

I currently live a very full and active life. I have become a film and TV extra and attend acting classes every week; I convene a writers group; I am on various committees and I volunteer as a StrokeSafe Ambassador.

I know that at some indeterminate time in the future my condition will deteriorate. I also know with absolute certainty that I will not go into a nursing home. I have an Advanced Care Directive in place although that doesn't appear to have much legal standing. I do not want to have to throw myself off a tall building or hang myself or end my life in some other gruesome manner because I would be creating awful trauma for emergency service workers so I want the choice to end my life in a dignified manner when I consider my life intolerable.

No other person can make that value judgement on my behalf so I insist on having that choice.

I completely respect any other persons decision to find meaning in their suffering but they cannot make that choice for me.

--

File1:

File2:

File3: