Inquiry Name: Inquiry into End of Life Choices

Mrs Lilian Keldoulis





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A few years ago I helped look after my first cousin who was in a nursing home. I watched her slowly deteriate as time went on until the last year of her life, when she was totally bedridden, could not talk and found it hard to swallow half a cup of 'mush , coughing and spluttering with each mouthful. She was always hungry but the staff would not be able to spend an hour every day to feed her. Her quality of life was zilch. I wouldn't know how she felt as she could not talk. I saw my solicitor to make a living will as I would never ever want to be kept alive like that. But that just made sure they would not try to prolong my life. I am nearly 84 and quite well at the moment but who knows what the next few years will bring. I want to have the right to end my life when I no longer feel it is worth living. Mrs.lilian Keldoulis .